

Salads, Wraps & Sandwiches

All salads can be Gluten free if served without basket 

BLT Sandwich	€5.95
Chicken wrap	€9.95
<i>Flour tortilla filled with sweet chilli sauce, cream cheese, spinach and chicken, served with salad and fries.</i>	
Steak wrap	€10.95
<i>Flour tortilla filled with mushroom, onions, peppers and strips of steak. Served with sour cream, salad and fries.</i>	
Chicken Chiabatta Sandwich	€10.50
<i>Filled with onions, peppers, lettuce, strips of chicken, mayonnaise and sour cream, served with salad and fries.</i>	
Steak Chiabatta Sandwich	€12.50
<i>Filled with onions, peppers, lettuce, strips of steak, mayonnaise and BBQ sauce. Served with salad and fries.</i>	
Caesar Salad	€8.95
<i>Crisp cos lettuce coated in our own Caesar dressing topped with avocados, garlic croutons and parmesan shavings.</i>	
With Chicken	€11.95
Bacon, Avocado, Chicken Salad	€12.95
Steak Salad	€13.50
<i>Mixed leaf of salad with cheese, onions, peppers, mushrooms and sweet balsamic dressing.</i>	
Prawn Salad	€14.50
<i>Mixed leaf salad with courgettes, cherry tomatoes, peppers and Marie Rose dressing.</i>	
The Café's Salad	
<i>Mixed lettuce with dates, nuts, Peppers, onions and sweet balsamic dressing.</i>	
With Chicken	€12.50
With prawn	€14.95

Side Orders

House Side Salad	€3.95
Fries	€2.95
Rice	€2.65
Corn on the cob	€3.25
Onion Rings	€2.95
Bread And Butter Basket	€1.50
Extra sauces (<i>guacamole, sour cream, salsa, bbq sauce</i>)	€0.85

Home made cakes

Vanilla Cheese Cake	€4.95
Chocolate Fudge Cake	€4.95
Brownie Fudge Sundae	€4.95
Passion Carrot Cake	€4.95
Apple Pie	€4.95

*IVA included

 **Gluten Free**



the Café

American Bistro

Open all day from 9 am - late
Tel 952 892 548



Puerto de la Duquesa



**The Mexican
GRILL & BAR**
Puerto de la Duquesa

the Café
American Bistro
OPEN ALL DAY EVERYDAY

Estepona
Marbella
Puerto Duquesa
Sabinillas



Banus
Puerto de la Duquesa

www.barandcafeigroup.com

Breakfast (all day)

Continental Breakfast <i>Croissant, Muffin, Toast, Jam and butter</i>	€3.95
English Breakfast <i>2 Sausage, 2 bacon, 2 fried eggs, cherry tomatoes, baked beans, mushrooms and toasts</i>	€7.95
Small English Breakfast	€5.50
Chiabatta Sandwiches <i>Toasted chiabatta and salad garnish with your choice of ham, Cheese, Tomato, Mushroom & scrambled egg (choice of two fillings)</i>	€4.95
Home made granola <i>Served with Greek yogurt and fresh fruits</i>	€6.50
Seasonal Fresh Fruit Salad	€5.95
Omelettes <i>Served with side salad and cherry tomatoes. Choose two of the following fillings: cheese, mushroom, ham, spinach</i>	€7.95
Breakfast Sandwiches (choice of two fillings)	€3.95
American Pancake <i>Served with original canadian maple syrup</i>	€7.95
With Bacon	+1.50
Extras (Jam, Toast)	€0.45
Hash Brown	€0.95
Extras Butter	€0.20

Appetisers

Home made Cheese Garlic Bread	€3.95
BBQ or Hot Chicken wings <i>Our buffalo wings tossed in your choice of either BBQ sauce or Louisiana hot sauce</i>	€6.95
Chilli Beef Nachos (enough to share) <i>Crisp corn tortilla chips with melted cheese, jalapeño peppers, taco sauce & separate helping of guacamole, sour cream & salsa.</i>	€10.95 
Cheese, tomato, jalapeño Quesadilla (enough to share) <i>Oven baked tortilla, served with sour cream, salsa & guacamole on a bed of lettuce, cheese, tomato & jalapeño peppers</i>	€9.95
Cheese, bacon, potato skins	€5.50 
Gambas Pil Pil	€7.50 
Side Caesar salad	€4.95
Soup of the day (ask your server)	€5.50

Fajitas

Our famous fajitas arrive at your table on a sizzling platter with onion & pepper. Served with cheese, salsa, sour cream & tortillas for rolling. Traditionally eaten by hand. Our platters are smoking hot-please keep fingers well clear!

Chicken	€14.95
Steak	€15.95
Combo	€16.95
Gluten free (Ask for corn tortillas)	€0.95 

Home made Burgers

All our burgers served in a sesame bun with mayonnaise, lettuce and onion rings. They also come with fries, coleslaw and salad on the side.

Classic Burger	€8.95
Cheese Vegetable Burger	€9.50
Cheese Burger	€9.95
Texas Burger <i>Our 6oz burger topped with Monteray Jack cheese, bacon & BBQ sauce</i>	€10.50
BBQ Chicken Burger <i>Marinated chicken breast with cheese, bacon and BBQ sauce.</i>	€10.50
Chilli Burger <i>Our 6oz burger topped with chilli and Monteray Jack cheese</i>	€10.95
Breakfast Burger <i>100% beef burger with bacon, fried egg and cheese.</i>	€10.95

The Café's signature specialities

The Italian Job <i>Grilled chicken topped with green pesto and cheese. Served with fries and salad.</i>	€11.95 
Margarita Chicken Breast <i>A marinated chicken breast chargrilled, topped with bacon & Monteray Jack cheese. Served with corn on the cob, guacamole, fries & salad.</i>	€13.95 
Vienna Gulash <i>Slowly simmered beef stew served with rice.</i>	€11.95 
Lasagne	€10.50 
Chicken Curry <i>Medium hot curry served with rice</i>	€10.95 
Chilli Con Carne <i>Medium hot home made chilli con carne, served with rice, cheese and sour cream.</i>	€10.95 
Pepperoni Pizza	€8.50
Margarita Pizza	€6.95
Cheese Pulled Pork Burger <i>Slow roasted pulled pork topped with cheese mix & coleslaw served on a 6oz burger & chiabatta bread</i>	€12.25
BBQ Ribs (Half Rack)* <i>A tender rack of pork ribs marinated in our BBQ sauce & chargrilled. Served with corn on the cob, fries, salad & spicy onion rings.</i>	€12.45
BBQ Ribs (Full Rack)* <i>A tender rack of pork ribs marinated in our BBQ sauce & chargrilled. Served with corn on the cob, fries, salad & spicy onion rings</i>	€16.55

*(Our BBQ sauce contains gluten)