

Salads & Side Orders

All salads are served in freshly made tortilla baskets.
For gluten free ask for no basket.

Caesar Salad	€ 8,95
Crispy cos lettuce coated in our own Caesar dressing tossed with avocado & topped with shavings of parmesan cheese and garlic croutons	
With Chicken	€ 11,50
Prawn Salad	€ 13,95
Mixed leaf salad with courgettes, cherry tomatoes, peppers and Marie rose dressing.	
Bacon, Avocado & Chicken Salad	€ 12,50
Warm strips of chicken & bacon, served on a bed of mixed lettuce leaves, tossed with onions, peppers, avocado & honey mustard dressing	
Corn on the Cob	€ 3,25
House Fries	€ 2,95
House Side Salad	€ 3,95
Mexican Rice	€ 2,85
Spicy Onion Rings	€ 2,95
Flour Tortillas	€ 1,80
Extra Sauce	€ 0,85
(Guacamole, Sour Cream, BBQ, Louisiana, Jalapeños)	
Coleslaw	€ 2,95
Refried Beans	€ 3,25

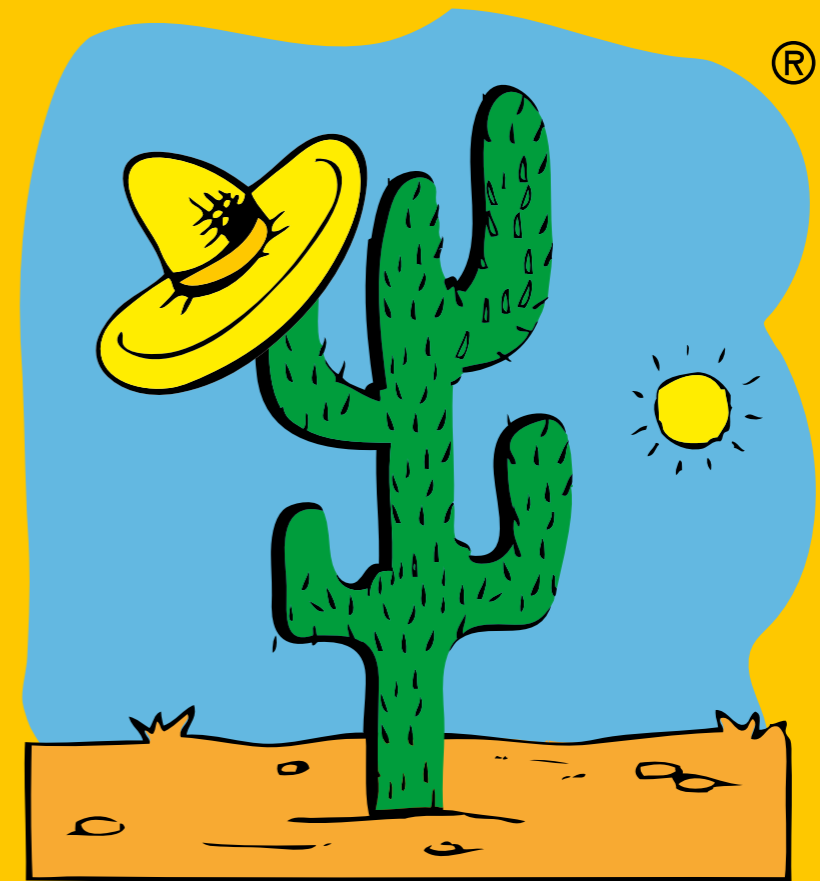
Desserts

Cajeta	€ 5,95
Cajeta is one of Mexico's best loved sweets! Vanilla ice cream rolled in coconut and topped with golden caramel syrup	
Banana Taquitos	€ 5,95
Banana wrapped in a cinnamon tortilla & deep fried until golden brown. Served with warm caramel fudge sauce & vanilla ice cream	
Richer than Rich Chocolate Fudge Cake	€ 5,95
Chocolate fudge cake served with fresh whipped cream & chocolate drizzle	
New York style Cheese Cake	€ 5,95
Home made deep rich vanilla baked cheese cake on a crunchy biscuit base served with fruit of the forest & fresh whipped cream	
Brownie Fudge sundae	€ 5,95
Vanilla, chocolate ice cream & chocolate brownie drizzled with chocolate sauce and topped with whipped cream	
Fried Ice Cream	€ 5,95
Vanilla ice cream rolled in cinnamon golden flakes of corn deep fried topped with honey	
Carrot Cake	€ 5,95
Served with whipped cream	

Coffees

Capuccino	€ 2,00
Freshly ground coffee (Americano, White Coffee)	€ 1,95
Espresso	€ 1,95
Double Espresso	€ 2,00
Tea for One	€ 1,85
Liquor Coffee	€ 4,50
Hot Chocolate	€ 2,20

IVA Included



The Mexican GRILL & BAR

Don't Siesta
Come
and Fiesta



join us on Facebook



Puerto de la Duquesa,



Puerto de la Duquesa

the Cafe®
American Bistro
OPEN ALL DAY EVERYDAY

Estepona

Marbella

Puerto Duquesa

Sabinillas

31-33 Delfin. Puerto de la Duquesa, Manilva - Tel: 952 893 673

www.barandcafe.com

Appetiser

Homemade Garlic Bread	€ 3,85
Homemade Cheese Garlic Bread	€ 4,15
Classic Buffalo Wings Our buffalo wings tossed in your choice of either BBQ sauce or Louisiana hot sauce.	€ 6,15
Our Famous Chili Poppers Breaded green chilies, filled with cheddar cheese & served with a sweet red pepper jam.	€ 5,95
Loaded Potato Skins With your choice of filling, served with sour cream.	€ 5,15
Cheese and Sour Cream	€ 5,50
Cheese and Bacon	€ 5,75
Chili and Cheese	€ 5,75
Nachos Enough to share, crisp corn tortilla chips with melted cheese, jalapeño peppers, taco sauce & separate helping of guacamole, sour cream & salsa.	€ 8,15
Fiesta (Original)	€ 9,50
Chicken	€ 10,25
Chili Beef	€ 1,00
Add Refried Beans	€ 1,00
Dates & Bacon Wrap Deep fried dates wrapped in streaky bacon, served with red pepper jam.	€ 5,50
Homemade Mexican Tomato Soup Served with tortilla chips & salsa.	€ 4,95
Combo Platter (Share x 2) The ultimate starter! Cheese & sour cream, cheese & bacon potato skins, spicy onion rings, corn on the cob, BBQ chicken wings, cheese, tomato, jalapeño peppers quesadilla, date & bacon wrap, chili poppers. Served with dipping sauces	€ 13,50
Mango & Prawn Cocktail Drizzled with a lime & sweet chili sauce.	€ 6,95
Mexican Tortilla (enough to share) A baked flour tortilla topped with refried beans, salsa, chopped red pepper, onion, jalopeno, cheese & sour cream.	€ 8,95
Quesadilla (enough to share) Oven baked tortilla with your choice of filling, served with sour cream, salsa & guacamole on a bed of lettuce.	€ 9,95
Cheese & Bacon	€ 9,95
Cheese & Chicken	€ 9,50
Cheese, tomato & jalapeño peppers	€ 9,50
Cheese, refried beans & jalapeño peppers	€ 9,95



Big Eat Homemade Burgers

All our burgers are served in a sesame bun, with mayonnaise, lettuce, & onion rings. They also come with fries, coleslaw & salad on the side.

Classic Hamburger	€ 7,95
Cheeseburger	€ 9,50
Texas BBQ Bacon Burger Our 6oz burger topped with Monterey Jack cheese, bacon & BBQ sauce.	€ 9,95
Cheese Chili Burger Our 6oz burger topped with chili and Monterey Jack cheese.	€ 10,25
Mexican Cheese Veg Burger	€ 9,50
Smokey BBQ Chicken Burger A marinated chicken breast with Monterey Jack cheese, Bacon & BBQ sauce.	€ 9,95

Favorites

Meet the Chimichangas A rolled flour tortilla with your choice of fillings, deep fried, served with Mexican rice & salad with your choice of guacamole, salsa or sour cream.	
Spicy Chicken	€ 10,50
Chili Beef	€ 11,25
Vegetable	€ 10,25
Mexican Burritos Served in the same way as Chimichangas but freshly oven baked.	
Spicy Chicken	€ 10,50
Chili Beef	€ 11,25
Vegetable	€ 10,25
El Gringo's Chili con Carne A generous dish of our famous beef chili and rice, served with sour cream, cheese & crisp tortilla chips.	€ 10,95

Our Famous Sizzling Fajitas

The Mexican's famous fajitas arrive at your table on a sizzling platter with onion & pepper. Served with cheese, salsa, sour cream & tortillas for rolling. Traditionally eaten by hand.

Our platters are smoking hot-please keep fingers well clear!

The Original Chicken	€ 14,50
Steak	€ 15,75
Chicken & Steak Combo	€ 16,25
Vegetable Onion, peppers, courgettes & mushrooms topped with salsa.	€ 12,95
Prawn Onion, peppers, courgettes & mushrooms topped with salsa.	€ 16,50
Extra salsas: Jalapeño, Louisiana, Guacamole	€ 0,85

(For gluten free fajita ask for corn tortilla)

From the Grill

Margarita Chicken Breast A marinated chicken breast chargrilled, topped with bacon & Monterey Jack cheese. Served with corn on the cob, guacamole, fries & salad.	€ 12,95
BBQ Rib A tender rack of pork ribs marinated in our BBQ sauce & chargrilled. Served with corn on the cob, fries, salad & spicy onion rings.	€ 16,50
BBQ Combo Chargrilled chicken and half a rack of BBQ pork ribs, served with corn on the cob, fries, salad & spicy onion rings.	€ 15,50
Mixed Grill A 4oz steak, half a rack of ribs and chicken fillet, served with corn on the cob, salad, spicy onion rings & fries. A REAL FEAST!	€ 17,95
Alberto's Steak Chargrilled 8oz fillet of steak served with fries, spicy onion rings, corn on the cob & salad.	€ 16,95
Fiesta Salmon A marinated supreme of grilled salmon, served with black bean rice, salad, sour cream and salsa on the side. The fillet is brushed with jalapeño jelly.	€ 16,50

(Our BBQ sauce contains gluten)